

# Seabee Courier

HOME OF THE ATLANTIC FLEET SEABEES



Vol. 48 No. 15

Naval Construction Battalion Center, Gulfport, Mississippi

August 11, 2011

## Navy seeking LDO/CWO applicants

By MCC (SW) Maria Yager  
Navy Personnel Command  
Public Affairs

The Navy announced July 27 it is seeking applications from highly qualified Sailors in pay grades E-6 through E-9 for the Fiscal Year 2013 Active Limited Duty Officer (LDO) and Chief Warrant Officer (CWO) programs.

"Limited duty officers and chief warrant officers bring a variety of experience and perspective into the wardroom from their enlisted service," said Chief Warrant Officer 4 Mitch Allen, assistant LDO/CWO community manager, Bureau of Naval Personnel. "The LDO /CWO career paths provide additional leadership opportunities and enhance a Sailor's ability to contribute to the Navy."

The LDO and CWO communities have designators in the surface, submarine, aviation, general series and staff corps communities and serve in a variety of leadership billets within their technical fields, ranging from division officer to commanding officer ashore.

Eligibility requirements for LDO include US citizenship, serving in pay grade E-7 through E-9 or an E-6 who has passed the exam for E-7. Active-duty applicants for LDO must have at

## NMCB 74 'Fearless' return to families, friends



Construction Mechanic 2nd Class Jason Wettekin of Naval Mobile Construction Battalion (NMCB) 74 is greeted by his family at the homecoming celebration for the battalion as they return to the Naval Construction Battalion Center (NCBC) Aug. 6 from an eight month deployment covering the European Command (EUCOM) and Africa Command (AFRICOM) Area of Operations. The Seabees returning are from NMCB 74's main body that deployed to Rota, Spain in December, as well as smaller details that re-deployed to eight other countries during the deployment, including: Croatia, Romania, Macedonia, Italy, Senegal and Morocco. More NMCB 74 Seabees are expected to return later this month. (U.S. Navy photo by Rob Mims/Released)

See more reunion photos on page 16 and on the NCBC Facebook page

## NCBC Teens recognized for public service

By NCBC MWR

Friends and family gathered as 19 teenagers representing the Naval Construction Battalion Center (NCBC) Gulfport Child and Youth Programs were awarded the President's Volunteer Service Award during a ceremony Aug. 3.

In honor of their dedication and service, NCBC Executive Officer, Cmdr. Stan Wiles, presented Wyatt Blair, Xavier May, Steven Davis, Norman Laster, Mika Gluesen, Jessica Chasse, Imani Ellison, Dominic Cardenas, Cody Palmer, Calvin May, and Andrew Wachsmann with Bronze Level 2011 Presidential Volunteer Service Awards. Gold Level 2011 Presidential Volunteer Service Awards went to Kayla Brueckner, Kyle Brueckner, Meagan Lonthair, Emily Stecher, Aries Donald, Aaron Morris, Al Thompson, and Courtney Caldarelli. The award included a congratulatory letter from President Barack Obama, a personalized certificate, a lapel pin designating their level of service and a letter from the President's Council on Service & Civic Participation.

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See LDO/CWO page 25

NMCB1 makes headway in Kuwait

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Catch up with those Runnin' 'Roos

pages 6, 7 & 21

Growing up, stepping out

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**NCBC/20SRG**  
**Commanding Officer**  
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**Public Affairs Officer**  
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**Mass Comm. Specialist**  
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**Public Affairs Officer**  
 MCC (SCW/AW/SW) Yan Kennon

**NMCB ELEVEN**  
**Commanding Officer**  
 Cmdr. Maria Aguayo  
**Public Affairs Officer**  
 Ensign Timothy Palik  
**Mass Communication Specialist**  
 MC1 Jonathan Carmichael

**NMCB SEVENTY FOUR**  
**Commanding Officer**  
 Cmdr. Richard Hayes  
**Public Affairs Officer**  
 Lt.j.g. Sonny Rowland  
**Mass Comm. Specialist**  
 MC2 Michael Lindsey

**NMCB ONE THIRTY THREE**  
**Commanding Officer**  
 Cmdr. Nicolas D. Yamodis  
**Public Affairs Officer**  
 MC1 Steven Myers

**NCTC Gulfport**  
**Commanding Officer**  
 Cmdr. Bill Whitmire  
**Public Affairs Officer**  
 Chaplain (Lt.) Rob Guilliams

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## Seabee Center Surpasses First Feds Feed Families Food Goal



Naval Construction Battalion Center (NCBC) chaplains Lt. Cmdr. Michael Brown, left, and Lt. Yoon Choi are pictured with some of the food that has been donated to the Feds Feed Families Food Campaign by civilian and military federal employees on board NCBC. As of Aug. 9, more than 3,126 pounds of food has been collected on the Center, and more than 578,544 pounds of food and essential items have been donated Navy-wide, nearly tripling the Navy's goal of 200,000 for the entire three-month campaign. Although the campaign ends is less than 30 days, donors are encouraged to continue giving, as a final drop off to the Loaves & Fishes Food Pantry will take place Aug. 31. (U.S. Navy photo by Builder 3<sup>rd</sup> Class Cassie Secher/Released)

## Sailor's Creed

I am a United States Sailor,  
 I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me,  
 I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world,  
 I proudly serve my country's Navy combat team with Honor, Courage and Commitment,  
 I am committed to excellence and the fair treatment of all.

**Commander's Action Line . . .** The Commander's Action Line gives all NCBC personnel a direct link to Capt. Rick Burgess, commanding officer of NCBC/commander 20SRG. Go to <https://www.cnbc.navy.mil/Gulfport/Service Organizations/PAO/CNIP A132870>

# Skipper's Log

## First impressions, command philosophy and challenges

**By Capt. Rick Burgess**  
 CO/CBC/CMR 20TH SRG

Greetings, all! This is my first Skipper's Log column for the Gulfport Seabee Courier since I took command, so let me begin by expressing my appreciation for the warm welcome that so many of you have given to me and my family. We are very excited to be here and to be part of the CBC Gulfport and 20<sup>th</sup> SRG community. Since taking command, I've been out and about to a number of departments and tenant commands on base, and I was consistently greeted with a remarkable level of spirit and professionalism. It is clear to me that people take pride in doing their jobs well and the results show it! The support you provide to our deploying units and by extension, to our nation's national security efforts, is top-notch.

I've also been impressed with the extraordinary teamwork evident in the conversations I've had and the operations I've seen to date. All of our people — Seabees, civilians, Marines, Army and Air Force alike — show their dedication every day, and display a high degree of collaboration in carrying out their duties. Furthermore, the cooperation extends beyond the base fence line and out into the community. This is great to see and I will make every effort to build and reinforce the strong relationship we have with the local community outside the base.

My command philosophy is pretty simple: accomplish the mission and take care of our people. Now, that may be a simple formula, but it doesn't mean it's easy to carry out. Accomplishing the mission means getting it done safely and getting it done well. Getting the job done safely requires constant vigilance, paying close attention to what can go wrong and taking appropriate action to reduce the risk as much as possible. Getting it done well requires that we understand how to



**Capt. Rick Burgess**

do the job right, and we apply the highest standards of performance. Of course, this is exactly what Seabees have been doing since 1942! We're not about to stop now.

In an era of tightened budgets and declining resources, we will be challenged to become more efficient in accomplishing our mission. You have all witnessed the recent political discussion on the debt crisis and our nation's spending habits. The Navy will be expected to be part of the solution by tightening our belts and making do with less. We'll have to seek constantly to maximize our "bang for the buck" and wring every bit of effectiveness we can out of the resources that we receive. Though budgets may become tighter, we will remain committed to our culture of excellence, be accountable for our actions and be creative about getting the job done.

The second part of my philosophy, "take care of our people" is every bit as challenging. We have to get the job done and sometimes that requires pushing hard — you only have to look at our recent surge in Afghanistan to see how true this is. But for leaders, it means realizing that people aren't machines and they require encouragement, support and periodic "down time" if they are to

See **SKIPPER** page 26



# Around the Center



Construction Electrician Constructionman Duane Adams adds the finishing touches to a cookie by pouring sprinkles on it during the MWR Liberty Center event, "Decorate Your Own Cookie" held on board Naval Construction Battalion Center (NCBC), July 28. The Liberty Program offers exciting recreational opportunities designed specifically for the young single or unaccompanied active duty personnel of NCBC. The Liberty Center is open Sunday – Monday, 9 a.m. – 10 p.m. and Friday and Saturday, 9 a.m. – midnight. (U.S. Navy photo by Utilitiesman Constructionman Daneia Johnson/Released)

From left: Naval Construction Battalion Center (NCBC) chaplain Lt. Cmdr. Michael Brown, Armed Forces Retirement Home Fleet Reserve Association (AFRH–FRA) Vice President Robert Rolak, President Diana Dopp, Secretary Bob Rutherford and NCBC chaplain Lt. Yoon Choi gather Aug. 3 as Rolak presents the final canned good needed for the FRA to reach its goal to donate one ton of canned goods to the Seabee Pantry. The organization reached its goal by taking monetary donations to the Commissary every week and buying food. The Commissary supported their efforts by weighing the purchases so the organization could track the amounts. Although the goal was reached, the FRA will continue to collect food and help the Seabees any way they can. (U.S. Navy photo by Builder 3rd Class Cassie Secher/Released)



Rob Campbell, Right Wing for the Mississippi Surge Ice Hockey Team, autographs pictures for fans at the National Night Out Block Party & Back to School Celebration hosted by Balfour Beatty Communities. The National Night out was held onboard Naval Construction Battalion Center Aug. 2. National Night Out is held to increase neighborhood spirit and strengthen police-community partnerships by heightening crime and drug prevention awareness. (U.S. Navy photo by Builder 3rd Class Cassie Secher/Released)

Equipment Operator 3rd Class Orlando Lugo and Equipment Operator Constructionman Birendra Adhikari of Naval Mobile Construction Battalion (NMCB) 11 discuss routine maintenance and inspections of the equipment during a Command Post Exercise (CPX) on board Naval Construction Battalion Center (NCBC), Aug. 4. CPX is an exercise designed to train commanders and staff in the control of operations and the use of communications within and between headquarters, in which all forces are simulated. (U.S. Navy photo by Utilitiesman Constructionman Daneia Johnson/Released)



Gulf Coast School District Administrators try their hand at using the Convoy Simulators during a tour on board Naval Construction Battalion Center (NCBC) July 29. The day began with breakfast at the Colmer Dining Facility, and included command and program briefs, as well as tours of several facilities on board the Center. U.S. Navy photo by Utilitiesman Constructionman Daneia Johnson/Released)

## Educators spend day learning about military neighbors

**By Rob Mims**  
NCBC Public Affairs Officer

More than 26 Gulf Coast School District superintendents, principals and counselors visited the Naval Construction Battalion Center and Keesler Air Force Base July 29. The visit began at the Colmer Dining Facility with a welcome by Cmdr. Stan Wiles, NCBC executive officer, and a base overview briefing by Mark Ashley, NCBC business operations.

After breakfast, the administrators headed to the Naval Construction Training Center where they were welcomed by Cmdr. Bill Whitmire, commanding officer of NCTC. They were given a tour of several areas of the school house to help them get an understanding of what new students learn here once they embark on a career in construction.

The next stop was the Tactical Training Facility and the Combat Convoy Simulator. Although the members of the tour were able to let their hair down in the CCS, they quickly learned that even

though military members graduate from school, the learning/school phase is far from over.

The NCBC portion of the visit wrapped up at the Seabee Heritage Center. Educators were given program briefs by Susan Pyles from the Fleet and Family Support Center (FFSC), Melanie Boyle from the Child Youth Program (CYP), Madonna Shannon from the Exceptional Family Member Program (EFMP), Eva Shinka from Families Overcoming Under Stress (FOCUS), and Kevin Byrd, the NCBC School Liaison Officer, who organized the entire visit.

"This was a great way to show our local school leaders the training and education that takes place at NCBC as well as various programs of support for schools," said Byrd. "Special thanks to everyone who supported this event."

After the visitors departed, they went to Keesler for briefings and a tour of the installation.



### Seabee Blood Drive **TODAY** . . .

A Blood Drive is taking place Aug. 11, from 8 a.m. – 1 p.m. at the Chapel Fellowship Hall. The Red Cross is experiencing a critical blood shortage across the nation, your donation is urgently requested.

NCBC WHO HAS

T★LENT

15 acts – 3 judges – 1 winner

Aug. 19, 2011

Training Hall / 7 pm

+special guest appearance

+special guest judge



Registration Forms (\$10) and tickets (\$2) are available at the Seabee Memorial Chapel!

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## FFSC to hold NAVY SPOUSE ORIENTATION

"Welcome to the Mississippi Gulf Coast/New Navy Spouse Orientation" class will be held Aug. 18, from 9 a.m. until 2 p.m. at Fleet and Family Support Center, Building 30. Everyone is welcome to attend and learn about the Seabees, resources, Housing, Military Pay, Defense Eligibility Enrollment System (DEERS), the Morale, Welfare, and Recreation Department, and more! Please call Fleet and Family Support Center at 228-871-3000 to sign up in advance as seating is limited. Light lunch will be provided.



Personal firearms are **PROHIBITED** on the installation

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## First Wacky Wednesdays, now Trivia Tuesdays . . .

What a great way to promote the NMCRS Thrift Shop program and benefit our customers. The Thrift Shop staff will hold Trivia Tuesdays on the second Tuesday of every month. Answer a trivia question correctly and get 10 percent off your entire purchase. Stop by, shop, and see how good you are with trivia! The Thrift Shop is located in building 29 and open Tuesday, Wednesday and Friday from 9 a.m. - 1 p.m.



# NMCB 1 Seabees provide construction assistance in Kuwait

By Lt. Robert A. Clark  
NMCB 1 Public Affairs

Naval Mobile Construction Battalion (NMCB) 1 Detail Camp Moreell supported a Theater Security Cooperation Program project at the Kuwaiti Naval Base (KNB) by performing significant upgrades to a small arms weapons range berm. The six day maintenance work allowed Alfa Company to showcase their equipment operating talent. Among the pieces of construction equipment used during the construction were the D7 and D8 dozers.

Det Camp Moreell, along with two members of NMCB 1's NAVCENT detail, were tasked to repair 100 meters of existing berm and restore it to a height of 12 meters. Approximately 4000 cubic yards of earth were moved from the surrounding area to the top and sides of a shooting berm to provide a safe shooting area. Laboring in the 120 F degree heat with no benefit of air conditioning, the members of Alfa Company performed superbly and produced a quality product. Proper work/rest cycles were



**Equipment Operator Constructionman Jacob Osburn, assigned to Task Group (TG) 56.2, uses a bulldozer to push sand to reinforce a berm at a joint forces weapons training range in Kuwait. TG 56.2 Naval Construction Forces provide expeditionary engineering and construction support for forward deployed forces in the U.S. 5th Fleet area of responsibility.** (U.S. Navy photo by Mass Communication Specialist 1st Class Peter D. Lawlor/Released)

strictly enforced as well as ensuring sufficient water consumption in order to eliminate the chance of heat related injuries.

This type of work provides the

opportunity for members of Alfa Company to take a break from the routine maintenance of the Alfa Yard and do what they do best - operate CESE (Civil Engineer Support

Equipment).

In order to become licensed to drive these pieces of equipment, each Seabee must undergo a rigorous licensing qualification program which re-

quires many hours of training behind the wheel, or in some cases, the stick, of each piece of equipment.

Equipment Operator Constructionman Andrew Myers enjoyed the experience, "The time operating the dozer really sharpened my skills and confidence in a real life operating environment," said Meyers.

The customer, the U.S. Coast Guard, was extremely pleased with the work. The berm was previously deemed unsafe, which prevented the small arms range from being used. The repairs restored the berm, and the range, to full operating capability.

For their effort, the members of the crew were presented with the Coast Guard Meritorious Team Commendation Award.

NMCB 1 DET Camp Moreell is part of a broader mission which transits Naval Construction Forces and other personnel into and out of CENTCOM. The DET also provides logistical, training and construction support to their own unit and other adjacent units.

## NMCB 133 actions, training save Timorese lives

By HM1 Bryan Clarke  
NMCB 133 Public Affairs

DILI, Timor Leste - Naval Mobile Construction Battalion (NMCB) 133 Seabees were the first responders to a motorbike accident while returning from a liberty outing in the Bobonaro District of Timor-Leste, July 24.

When Constructionman Juan Moreiravelez, Construction Electrician Apprentice Rodney Peters and Equipment Operator 3rd Class Jose Alemanacevedo set out for a relaxing trip to one of the many beautiful recreation spots that Timor-Leste has to

offer, they had no idea that the return trip would provide an opportunity to save the lives of two Timorese men.

The accident occurred as two local nationals traveling on the winding mountain roads turned a sharp corner and lost control of their motorbike in the loose gravel.

"These same guys had said hello to us while we were stopped on the side of the beach eating lunch" said Moreiravelez. "They were probably about 25-30 minutes ahead of us on the road. When we saw what happened, I told our driver to stop. I knew we had

to help."

At the accident scene, the three Seabees quickly sprang into action, assessed the situation and rendered appropriate care. Alemanacevedo used his t-shirt as a bandage and the three took turns keeping one of the victims awake on the trip to the local hospital.

"I didn't even think; I just reacted," he said. "I remembered first aid classes from [our] Field Training Exercise (FTX) and stuff I got during Convoy Security Element (CSE) training."

Moreiravelez said, "Some time after the incident we

looked at each other and realized that we were covered in blood. That is when it started to sink in."

"I'm proud of these guys," said Lt. Kevin Westbrook, the detail's Officer-in-Charge.

"Their training certainly paid off, but I feel it was character that made the difference.

When faced with a decision, these guys did the right thing. I think a lot of people would have just driven by assuming help was on the way."

NMCB 133 is currently on a nine month deployment throughout the Pacific Command area of operations.



Seabees from NMCB 133's Detail Timor Leste play a key role in executing the Navy's Maritime Strategy by developing multi-national interoperability through joint execution of humanitarian and civic action construction projects on the island nation of Timor Leste.



**Construction Electrician 2nd Class Johnny Hawkins of Naval Mobile Construction Battalion (NMCB) 11, right, talks to Marine veteran Charles Hall during a dedication ceremony for a wheelchair-accessible vegetable garden at the Veterans Affairs hospital campus in Biloxi Aug. 4.** (Photo courtesy of John Fitzhugh/Sun Herald)

## Gardening Therapy NMCB 11 'Bees, Red Cross build vegetable garden for veterans

**By Anita Lee**

Reprinted courtesy of  
Sun Herald

Retired Marine Master Sgt. Charles Hall, 61, and Seabee Johnny Hawkins, 34, greeted one another like old friends Thursday morning behind the Veterans Affairs Medical Center.

Hall has been watching Hawkins build an elaborate, hexagon-shaped garden container where the veterans can grow vegetables.

"Y'all wouldn't believe how many man hours he put in on this thing — Saturdays, Sundays — from daylight till dark," Hall told visitors who had joined veterans, VA staff, Seabees and American Red Cross representatives to dedicate the garden.

The Red Cross used grant funds to buy materials for the container, which is on wheels and has seven separate beds,

filled with dirt and ready for plants. Naval Mobile Construction Battalion 11 donated their labor.

Veterans can plant and tend vegetables, and watch them grow, while they sit in the ample shade of Live oaks overlooking Back Bay.

"It's great therapy for them," said Leslie Pitre, who provides services to the Armed Forces for the Red Cross in Mississippi. "It gives them the ability to have something they can call their own."

Pitre said she consulted with the VA on veterans' needs when she applied for the grant funds. The grant provided \$1,700 for materials, plus money for new plants and flowers on a deck overlooking the bay.

The medical center has a number of units that serve veterans who need long- or short-term care.

VA Recreational Therapist Laura Throop said patients already tend two indoor gardens.

"We've really wanted a garden for outdoors," she said.

The Seabees were asked to build an elevated, portable garden.

"I just ran with it," Hawkins said. He said he wanted to make sure the veterans, most of whom are in wheelchairs, could reach every inch of the beds, so he designed the hexagon to pull apart in several places.

Now that the planters are finished, the veterans have to decide what to plant.

Hall said he hopes they plant okra. Sue Lusk, who served as an Army Medic, loves the new garden, but okra? Not so much.

"The only thing I don't like is okra," she said. "I don't like any kind of okra."

## NMCB 133 spruces up Quarterdeck grounds

**By UTCN Drew Verbis**

NMCB 133 Public Affairs

Seabees from Naval Mobile Construction Battalion (NMCB) 133 Detail Guam's camp maintenance department refurbished the exterior grounds of the Camp Covington quarterdeck on Naval Base Guam during the month of June.

For many Navy Sailors, the quarterdeck is steeped in tradition, a sacred ground and the most important space that is guarded by endless watches. It's a sanctum rich with history, pride, and respect where the best sailors are honored.

"It must have been years since the quarterdeck was renovated and it needed a face lift," said Construction Electrician 3rd Class Richard Raftery.

"For example," said Builder 2nd Class Christopher Dutra, "we took ornamental brass plaques that were so dirty they couldn't be read and refurbished them to their original state. Now you may have the same problem reading them, but that's because they're so shiny that you have to stand at an angle where the sun's reflection doesn't blind you."

As a small team of Seabees scraped away paint in the sweltering heat, a passing government contractor asked what they were doing.

"We gotta' get the 20 year old paint off before we can repaint it," said Utilitiesman Constructionman Mathew Kicinski. "It's called beautification."

The beautification project involved tilling, edging, and landscaping 30 cubic feet of ground; applying five gallons of weed killer; distributing six seven-ton dump truck loads of white ornamental rock; refurbishing 12 brass plaques; scraping, power sanding, priming and painting 50 metal bollards, 11 concrete monuments, two steel ship anchors, and 200 feet of chain.

"We stretched our budget to the limit," said Utilitiesman 1st Class Ryan Coyle, the Camp Maintenance chief. "In a time of fiscal responsibility you can bet that every penny was worth it, especially because this project will be well received and appreciated by our military family and visitors. It's a fine representation for the Seabees on Guam, past, present and future."

Each deployment Camp Maintenance Seabees keep buildings, structures, grounds, and facilities that represent a financial investment for the Navy in serviceable condition.

NMCB 133 Guam Detail arrived at Camp Covington in February as part of a 10-month deployment to the Pacific Command area of operations.



**Construction Electrician 3rd Class Richard Raftery from Naval Mobile Construction Battalion (NMCB) 133 Guam Detail installs an ornamental brass plaque onto a monument that has been refurbished. Seabees from the Camp Maintenance company successfully refurbished approximately 30 cubic yards of the quarterdeck's exterior grounds as part of a maintenance control division project.** (U.S. Navy photo by Construction Utilitiesman Drew Verbis/Released)

# AD SPACE

August 11, 2011

Seabee Courier

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**Wanted:  
UCT Seabee  
Divers!!!**



Underwater Construction Team ONE is searching for highly motivated Seabees and CEC Officers looking for a career and lifestyle change.

Join an ELITE force and travel as a small, professional team. Execute specialized construction, diving and demolition skills with the latest and greatest technology and equipment.

Contact UCT CCC/Diver recruiting team @ (757) 462-3988/4313 or Email YNC Aberle at christopher.aberle1@navy.mil;

EA2 Potamitis at marios.potamitis@navy.mil; or visit [www.facebook.com/seabee.diver](http://www.facebook.com/seabee.diver) for more information

... Follow Seabee Center on Facebook and Twitter for the latest information ...

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## Buzz on the Street



By UTCN Daneia Johnson

**What's something you can't live a day without?**



**"I couldn't go a day without my wife."**

CECN Duane Adams  
NCBC

Hometown: Chatsworth, Ga.



**"I can't go a whole day without talking to my mom."**

Melissa Morrow

Navy Federal Credit Union  
Hometown: Biloxi, Miss.



**"I can't live without my family."**

AOC Steven Harville

Center for Security Forces  
Hometown: Crossville, Tenn.

# Back to School Safety

From NCBC Safety Office

As summer vacations end, students across the country are readying themselves for the start of a new school year.

## Riding the Bus

Have a safe place away from the street and traffic to wait for the bus. Don't play in the street while waiting for the bus.

Stay away from the bus until it comes to a complete stop and the driver signals its ok to enter.

When dropped off, exit the bus and walk 10 giant steps away from the bus. Keep a safe distance between you and the bus. Remember that the bus driver can see you best when you are away from the bus.

Always use the handrail to enter



and exit the bus.

Be aware of the street traffic around you. Drivers are required to follow certain rules of the road, however, not all do. Protect yourself!!

Carry all loose belongings in a bag or backpack. Never reach under the school bus to get anything that has rolled or fallen beneath it.

Never cross the street or play behind the school bus.

Drivers are cautioned that a new law, "Nathan's Law," has gone into effect as of July 1. This law provides fines up to \$750 for passing a stopped school bus (first offense) and from \$750 to \$1500, loss of driving license, and drivers could be sentenced to up to a year in jail (second offense). The law also authorizes use of "stop arm" cameras to record violators. In addition, parents are prohibited from boarding a school bus.

With all the excitement this time of year brings, safety may not be the first subject that comes to mind.

However, it is vital that parents take time to talk to their children about school safety.



## Walking and Biking to School

Observe all traffic signals and/or crossing guards.

Never cross the street against a light, even if there is no traffic coming.

Walk your bikes through intersections.

Walk with a buddy and don't talk with or accept rides from strangers. If a stranger approaches you run and report the incident to your teacher.

Wear a reflective material particularly when the mornings stay dark longer.

Avoid loose-fitting clothing that could get caught in spokes or pedals or restrict movements, and wear reflective colors and material to be more visible to street traffic.

## Congratulations to the new Chief Petty Officer Selectees



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### Take the Survey

What you think matters! Please participate in the "Navy and Marine Corps Sexual Assault Survey 2011" sponsored by DON SAPRO (Sexual Assault Prevention and Response Program Office). The survey is voluntary and confidential. Help us examine current and proposed policies and programs regarding the Sexual Assault Prevention and Response (SAPR) Program. The survey ends Sept. 30. Your input is vital as we strive to eradicate sexual assault from our ranks! To complete the survey, click on the link: <http://www.donsapro.navy>

Pass Road Gate to close Aug. 12, from 9 a. m. - 12:30 p.m. Please plan accordingly

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# Volunteers Needed for Special Olympics



**Special Olympics**

A day of service . . . Special Olympics will be holding their Regional Games on board NCBC Sept. 3 from 8 a.m. to 5 p.m. across from building 361 (old gym). There will be four events (horseshoes, softball, soccer and croquette) in which the athletes can participate. The athletes need more than 200 volunteers to help out with the games, serve refreshments, register athletes, serve as escorts and to act as coaches and cheerleaders.

If you are interested in volunteering, call Chief (Sel) Ryan Wilber at 228-871-3663.

## NCBC Shield's RV Park Price Adjustment News . . .

As many of you know, Morale, Welfare and Recreation (MWR) recently had an evaluation team from Commander, Navy Installations Command (CNIC) review our park operations as they align with recreational lodging practices and validate the need for future growth of our park. Many realizations and recommendations were shared and briefed to base officials. MWR Gulfport, with support from Command Leadership, will be making a few modifications to current operations. Because we value and appreciate each of our customers, we are using this time to notify you in advance of upcoming operational changes.

Shield's Park price adjustments will take effect Oct. 1, and will then be modified annually to accommodate rate fluctuations in utilities or other amenities provided. Pricing structure will remain competitive but meet the rates of the next lowest park on the coast. Daily (Dry Camping) \$10, Daily \$20, Weekly \$120, and Monthly \$380.

Again, we value and appreciate each of our customers and wanted to share the upcoming changes. If you have any questions, please speak with the RV Office staff, or you may contact the Facilities Manager, Dewayne Riley at 228-224-1639.

## Fraud, Waste, Abuse Hotline

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851 Comm: 904-542-4979 DSN 942-4979 FAX: 904- 542-5587, E-mail: CNRSE\_HOTLINE@navy.mil.

AD  
SPACE



Naval Mobile Construction Battalion (NMCB) 7 Family Readiness Group President Dawn McKenzie and FRG Advisor Christina Harmeyer prepare gravy for the FRG's "Biscuit and Gravy Breakfast" fundraiser on board Naval Construction Battalion Center (NCBC) June 6. The fundraiser gives Sailors an opportunity to start their day with a home-cooked meal, and raises money for the FRG's special activities. (U.S. Navy photo by Utilitiesman Constructionman Daneia Johnson/Released)

## NMCB 7's FRG, Families First

By Sarah Martin

NMCB 7 FRG Secretary

What do biscuits and gravy, the fourth Monday of every month, and the number that signifies perfection have in common? Whether it's a breakfast fundraiser or a monthly meeting, Seabees and families alike, benefit from Naval Mobile Construction Battalion (NMCB) "Magnificent" 7's Family Readiness Group (FRG).

NMCB 7's FRG provides an information link to the battalion. Facebook, emails, and monthly meetings give information relating to the Naval Construction Battalion Center (NCBC) Gulfport and battalion events. Meetings often include guest speakers who are invited to discuss topics such as upcoming MWR events; the Ombudsman program; Fleet and Family resources; and higher education scholarships offered to spouses. The NMCB 7 FRG Facebook page lists upcoming events and allows members to share questions and comments.

NMCB 7's FRG also develops a social connection. At monthly meetings, families enjoy a light potluck meal followed by a business portion for adults and a craft/game time for children. During deployments, babysitting is provided so spouses can enjoy fellowship time.

To raise funds for FRG projects, families can attend battalion fundraisers like the upcoming one at Chuck E. Cheese Aug. 22, from 3 - 9 p.m. Families also participate in base-wide special events such as October's Spookfest and December's Tree

Command Picnic. Of course, the most popular event is Homecoming when families make signs to post near the gates to welcome our Seabees home.

NMCB 7's FRG also cares for families so that Sailors can take care of business. For instance, the Hospitality Committee supplies meals during times of bereavement. Meetings provide interaction between long-term and new military families, enabling them to share experiences and ways to stay connected with sailors during battalion field exercises and deployments. This year-round support is best established during homeport to prepare families and to help assure Sailors that their families will be cared for during deployments.

The NMCB 7 FRG welcomes spouses to participate by serving as an officer, committee leader, or committee member. Currently, our FRG has openings for vice president and committee leaders. The vice president assists the president, secures guest speakers, attends all gatherings, and coordinates publicity. Committees include Hospitality, Fundraising, Homecoming, Publicity, Social Media, Membership, Play Group, Out and About and Book Club. Please visit our Facebook page for more information. Sharing time and talents by volunteering with a FRG is a great opportunity to sharpen and learn new skills while building friendships. Military life has its challenges, and the FRG is an opportunity to help. NMCB 7's FRG is families uniting to support each other and our Seabees.



AD  
SPACE



## Chapel Offerings

**Feds Feed Families Food Campaign** - Canned and non-perishable food donations are now being accepted at the Seabee Memorial Chapel as part of the Feds Feed Families Campaign taking place through Aug. 30. Everyone is encouraged to bring their donations to the chapel where they will be collected and weighed before being taken to Loaves & Fishes Food Pantry. The Center has exceeded its original goal of 2,000 pounds and is working towards a new goal of 5,000 by the Aug. 30 campaign deadline. For more information call the chapel at 228-871-2454. For a campaign overview, visit [www.fedsfeedfamilies.gov](http://www.fedsfeedfamilies.gov).

**Seabee Blood Drive** - A Seabee Blood Drive will take place Aug. 11, from 8 a.m. - 1 p.m. at the Chapel Fellowship Hall. The Red Cross is experiencing a CRITICAL blood shortage across the nation and your donation is urgently requested. When a blood drive takes place on board the Seabee Center, donors may schedule an appointment at [www.redcross-blood.org](http://www.redcross-blood.org) by entering sponsor code SEABEES at the appointment section on the front page of the web site.

**Veteran's Standdown** - Backpack donations are now being accepted for the Annual Veteran's Standdown which will take place Oct. 7. Contact the Chapel at 228-871-2454 for information.

**Seabee Food Pantry** - The chapel is in need of non-perishable items for the Seabee Pantry. Donation drop off points are: Navy Exchange, Chapel, Commissary, Fleet and Family Support Center and Armed Forces Retirement Home. Anyone affiliated with NCBC is eligible to draw from the Seabee Pantry.

# Navy Seabee Veterans of America Island X-1 Gulfport



Navy Seabee Veterans of America Island X-1 Gulfport are seeking Active Duty, Reserve, Retired or Seabees who left the military after a short period of time. Island X-1 Gulfport meets the second Thursday of each month at

Anchors & Eagles at 7 p.m.

For more information contact Joe Scott (Secretary) at 228-669-8335 or [elevenoaks58@ca-bleone.net](mailto:elevenoaks58@ca-bleone.net) or log onto [WWW.NSVA.ORG](http://WWW.NSVA.ORG) for an application.



# FOCUS on EDUCATION

## CDC children step out into the world

**By Melanie Boyle**  
CDC Director, MWR

Sixteen children were honored and applauded as they graduated July 22 from Naval Construction Battalion Center (NCBC) Child Development Center.

NCBC Class of 2011 marched in single file in decorated hand-made caps and gowns, showing each of their unique personalities and styles. Graduates treated attendees to their special rendition of *Twinkle, Twinkle Little Star*. Enthusiastic students showed parents, grandparents, and staff their learned knowledge of months of the year, the ABC song, and how they can count to twenty. The entertainment did not stop there. Future kindergartners were formally quizzed as to

recognizing their letters and what sounds they make.

The twenty teary-eyed guests were serenaded with *Goodbye Song*, and then the proud graduates received their diploma and other beautiful hand-made items to remember their time at NCBC Child Development Center as they take their next step in the world.

The children were also sent off with bags full of basic school supplies and information parents can use to prepare students for the upcoming curriculum and school days ahead, such as school schedules and what they can expect in our local schools. Parents also received information for tutoring and other military areas they can receive assistance.



**Naval Construction Battalion Center (NCBC) Child Development Center (CDC) graduating class of 2011 prepare to show their parents and friends what they've learned during their time at CDC. The young graduates are moving on to the next phase of their education - kindergarten.**  
(U.S. Navy photo courtesy of MWR - Released)

## Ready, Set Learn . . .

The NCBC Resiliency Support Team is sponsoring a Ready, Set, Learn Education and Resource Fair Sept. 17 from 9 a.m. to noon in the Training Hall. Parents and students are invited to come and visit with education professionals, school liaison, civic organizations, counselors and other community organizations to learn more about how to help students have a successful school year. Everyone is invited to stick around and enjoy a free movie together with their family. For more information, contact Eva Shinka at 228-822-5738 or Cmdr. Ruth Goldberg at 228-871-3504.

## NEX rewards students with A-OK program

From NEXCOM Public Affairs

The Navy Exchange wants to help its customers pay for their children's college education through its A-OK Student Reward Program. Four times per school year, four students will be the recipients of a \$5,000, \$3,000 \$2,000 or \$1,000 U.S. savings bond, denominations at maturity. The next drawing will be held at the end of August 2011.

Any eligible full-time student that has a B-grade point average equivalent or better may enter the drawing once each grading period and must re-enter with each qualifying report card.

See <https://www.mynavyexchange.com/command/community/a.ok.program.html> for more information on the NEX A-OK program.

## Coastline Community College awards 46 degrees to Locals

Coastline Community College, a Navy College Program Distance Learning Partnership institution, located in Fountain Valley, Calif., recently listed their 2010-11 Associate Degree graduating class.

Among the more than 2,000 graduates, a total of 46 were local service members. Graduates came from the Naval Construction Battalion Center (NCBC), Keesler Air Force Base (KAFB) and the Stennis Space Center (SSC). The staff of the Navy College Office wishes to congratulate our graduates.

**David A. Alegria** – Applied Marine Engineering; **Anthony Allen** – Business Administration; **Albert D. Amos** – Supervision and Management; **Octavio J. Barahona** – Electrical Mechanical Technology; **Elizabeth K. Biron** – Electrical Mechanical Technology; **Ruby G. Boice** – Business Administration; **Sabrina D. Breyette** – Science and Math; **Joel G. Castellanos** – Construction Technology; **Derek L. Cherry** – Electrical Mechanical Technology; **Matthew D. Collins** – Business

Administration; **Jeannie A. Cooper** – Human Resources Management; **Jennifer L. Cuevas** – Health Science Technology; **Richard A. Fisher** – Construction Technology; **Cole D. Gordon** – Supervision and Management; **Arturo Guntin** – Social and Behavioral Sciences; **Sabrina R. Johnson** – Construction Technology; **Tanya L. Johnson** – Human Resources Management; **Cecil R. Jordan** – Oceanography Technology; **Erik Kennerson** – Construction Technology; **Ian J. Kipp** – Electrical Mechanical Technology; **Erik B. Kowalski** – Construction Technology; **Keith A. Lefebvre** – Supervision and Management; **Maria Del Rosario Madrigal** – Sociology; **Christina P. Martin** – General Business; **Chalmatta L. McCaleb** – Business Administration; **Megan J. McConahy** – Criminal Justice; **Joel M. McEwen** – Supervision and Management; **Blane F. Meadows** – Supervision and Management; **Paul J. Parker** – Construction Technology; **Orlando Ponds** – Supervision and Management; **Shazzel A. Thompson** – Ap-

plied Marine Engineering; **Deanna M. Robinson** – Construction Technology; **Nicholas N. Romano** – Supervision and Management; **Stephen Ross** – Electrical Mechanical Technology; **Norris M. Roush** – Construction Technology; **Joel D. Seaney** – Oceanography Technology; **Kathrynn R. Shultz** – General Studies; **Kevin J. Stacher** – Electronics Technology; **Curt D. Stecher** – Supervision and Management; **Paul S. Thibodeaux** – Criminal Justice; **Kenneth W. Thomas II** – Electronics Technology; **Christopher S. Walton** – Construction Technology; **Thomas M. Wendt** – Construction Technology; **Donald R. Wharton** – Business Administration; **Erin L. Wilmer** – Business Administration; **Billy J. Womack** – Construction Technology

To learn more about earning your Associate Degree with Coastline Community College (CCC), visit your Navy College Office located in Building 60, Room 239, e-mail David Drye, Ed.D., CCC Military Outreach Specialist, at: [ddrye@coastline.edu](mailto:ddrye@coastline.edu), or call 871-3439.

**NCBC School Liaison Officer, MWR, Building 352,  
1706 Bainbridge Ave. , NCBC, (228) 871-2117, [kevin.r.byrd@navy.mil](mailto:kevin.r.byrd@navy.mil)**

# Seabees continue construction work in Djibouti

By MC2 Michael Lindsey  
NMCB 74 Public Affairs

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 74, Detail Horn of Africa remain hard at work on a 6.75 by 25.60 meter block and concrete school building as well as a health clinic in Dikhil, Djibouti, despite the region's extreme summer climate.

According to Lt. Bobby Kendall, Det. HOA's officer-in-charge, the school and clinic are just one of many initiatives in direct support of a Combined Joint Task Force - Horn of Africa (CJTF-HOA) mission; Enhance relationships and build capacity with African partner nations through infrastructure development and improvements.

Kendall said that logistical challenges make it difficult to keep a steady flow of building materials to the remote project site and the constant heat make it a tough job however, they continue to move forward.

While waiting on solar panels to complete the school, the crew in Dikhil made renovations on the school's latrine facility and began constructing a health clinic nearby.

"These Seabees realize that this is the tip of the spear for NMCB 74 and CJTF HOA for this deployment and are proud to be a part of that," said Kendall. "Many days are long, all days are hot, but the work is good for all the Seabee rates here,"

Many of the Seabees currently working on the clinic were part of the same crew that finished the construction of a school in the Ecole 5 district of Djibouti on April 21, 2011. That school contains five classrooms, two offices, two latrine facilities and a 610 meter long wall around the perimeter, and should be filled with more than 1,000 students by the end of the summer.

"These projects are helping to provide basic infrastructure for the local communities in Djibouti," said Kendall. "We hope our work here will help the local populace gain confidence in their government's ability to provide for their basic needs as well as foster a positive image for the United States and its allies."

NMCB 74 Det. HOA has is scheduled to return in August. The school and clinic will be a turnover project with NMCB 5.



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 74, Detail Horn of Africa, unload a shipment of building materials at the construction site of a schoolhouse and medical clinic in Kontali, Djibouti. The unit is deployed to support commander, Joint Task Force-Horn of Africa in building partner nation capacity and promoting regional stability through construction engineering support. (U.S. Navy photo by Builder Constructionman Diana Aceves/Released)

## NMCB 74 has joyful homecoming



Seabees from Naval Mobile Construction Battalion (NMCB) 74 renew loving relationships and begin a lifetime of special moments with new family members upon their return to homeport Aug. 6. The service men and women returned from an eight-month deployment covering the EUCOM/AFRICOM Area of Operations. The remaining members of NMCB 74 will return to homeport in the near future. (U.S. Navy photos by Rob Mims/Released)



## Bee gets a makeover before NMCB 74 returns to Gulfport



The Crane Crew of Naval Mobile Construction Battalion (NMCB) 74 secures a Seabee monument located at the entrance of Camp Mitchell, Spain to a low boy trailer. The battalion was scheduled to sandblast and paint the 'Bee before turnover with Naval Mobile Construction Battalion (NMCB) 5 in August. (U.S. Navy photo by Equipment Operator 3rd Class Brittoni N. Brown/Released)



# NMCB 7 Seabees attack the muddy fields of Camp Shelby for BEARING DUEL



Left: A Seabee assigned to Naval Mobile Construction Battalion (NMCB) 7's Convoy Security Element (CSE) load personal gear on convoy security vehicles during Operation BEARING DUEL, the battalion's Field Training Exercise (FTX) at Joint Training Facility Camp Shelby in Hattiesburg, Miss. Upon successful completion of Field Training Exercise, NMCB 7 will become the Atlantic Fleet Seabees' Independent Unit

Ready for Tasking. Right: A Seabee assigned to Naval Mobile Construction Battalion (NMCB) 7 directs the staging of equipment for the battalion's move from its Logistics Supply Area (LSA) to their main body camp site during Operation BEARING DUEL. U.S. Navy photo by Chief Mass Communication Specialist Yan Kennon/Released)

## NMCB 11 commands and controls

By Ensign Timothy Palik  
NMCB 11 Public Affairs

Naval Mobile Construction Battalion (NMCB) 11 geared up for its third installment of Command Post Exercise Three (CPX-3), at the beginning of August. Command post exercises have been used since the beginning of homeport for the battalion to practice and exercise command and control of subordinate organizations and for those organizations to practice creating and utilizing a common operating picture.

CPX-3 began with much planning weeks before the actual exercise. Many individuals were involved at the planning level as the exercise incorporates each and every part of the battalion. All companies within the battalion designated tents that must be manned and equipped during the exercise. All other departments in the battalion such as the Supply Department

and the Intelligence Department played key roles in the preparation to the CPX-3. Their work involved planning as well as direct involvement in the exercise while it was being conducted.

Lt. Tyler Scharar has been the overseer of the exercise. His job has been to enable both sides of the exercise, those practicing the scenarios and those grading the scenarios.

Each command post exercise began at a certain time on a certain day. From that time, everything is considered real for the sake of the exercise. While the clock ticks away, many things are happening. The exercise control group initiates a scenario that may include needing to call in a medical evacuation or simply informing the combat operations center about a patrol group leaving to go on a patrol. Practicing receiving information and taking the appropriate action has been the key in the success or failure of the scenarios.

All of this effort has been to prepare the battalion for the field exercise this fall. The scope of the exercise gradually has increased since CPX-1. With lessons learned developed and used in the subsequent exercises, all of the hard work will pay off in the fall.



Naval Mobile Construction Battalion (NMCB) 11 conducts Command Post Exercise Three on board Naval Construction Battalion Center (NCBC). CPX's are held so that the battalion can practice command and control of subordinate organizations through the use of simulated scenarios. (U.S. Navy photo/Released)

August 11, 2011

Seabee Courier



### On Going Events

#### •GROUP FITNESS CLASSES (228-871-2668)

Monday-Strength/Cardio at 9 a.m., 30 Minute Pump at Noon, Cycling at 5 p.m., and Zumba at 6 p.m.

Tuesday-Cycling at 9 a.m., Water Aerobics at 11 a.m., Zumba at Noon, Cardio Kickboxing at 5 p.m., and Martial Arts at 6:30 p.m.

Wednesday-Strength/Cardio at 9 a.m., 30 Minute Pump at Noon, Cycling at 5 p.m., and Zumba at 6 p.m.

Thursday-Cycling at 9 a.m., Water Aerobics at 11 a.m., Zumba at Noon, Cardio Kickboxing at 5 p.m., and Martial Arts at 6:30 p.m.

Friday-Strength/Cardio at 9 a.m. and Pilates at Noon.

Saturday-Zumba at 10 a.m. and Martial Arts at 1 p.m.



#### •MONDAY-FRIDAY SCHOOL AGE CARE PROGRAM

(Youth Activities Center)  
6-8 a.m. and 2-5:30 p.m.

Registration will continue until all spaces are filled.

#### •SAINT TICKETS ON SALE! (871-2231)

Pre Season tickets are \$45 and Regular Season tickets are \$50. Limit 2 per Military ID.



#### •AUTO HOBBY SHOP

Stop by this month and let us rotate your tires at no charge. Please call to make a reservation. 871-2804



#### August 11

•RACQUETBALL AT THE GYM  
(Liberty Center)  
6 p.m.

•WEIRD SCIENCE NIGHT AND AIR HOCKEY TOURNAMENT  
(Youth Activities Center)  
FREE, 5:30-8:30 p.m.

#### August 12

•BLUES AT THE BEACH IN PASCAGOULA (Liberty Center)  
FREE shuttle, 5:30 p.m.

•BACK 2 SCHOOL LOCK-IN AND BAYBEARS GAME  
(Youth Activities Center)  
\$15, 6 p.m.-7 a.m.

#### August 13

•MOBILE BAYBEARS VS. MS BRAVES (Liberty Center)  
Pay at the gate, 5:30 p.m.

#### August 14

•BASS PRO SHOP  
(Liberty Center)  
\$3, 10 a.m.



#### August 15

•BOARD GAME NIGHT  
(Liberty Center)  
Enjoy your favorite board games, 7 p.m.



#### August 16

•DODGEBALL AT THE GYM  
(Liberty Center)  
6 p.m.

•NATIONAL JOKE TELLING DAY AND OUTDOOR GAMES  
(Youth Activities Center)  
Prizes Awarded  
FREE, 5:30-8:30 p.m.

#### August 17

•WATER WARS (Liberty Center)  
Join us in our water fight! 6 p.m.

•GIRLS ONLY NIGHT! FASHION SHOW EXTRAVAGANZA  
(Youth Activities Center)  
FREE, 5:30-8:30 p.m.



#### August 18

•WAL-MART SHUTTLE  
(Liberty Center)  
6:30 p.m.

•OUTDOOR WATER GAMES AND SPLASH THE STAFF NIGHT  
(Youth Activities Center)  
FREE, 5:30-8:30 p.m.

#### August 19

•YOUTH AND TEENS POOL AND HOTDOGS PARTY AT THE FITNESS CENTER  
(Youth Activities Center)  
Limited to 50  
\$4, 6-9 p.m.

#### August 20

•MONKEY JOE'S FUN CENTER  
(Youth Activities Center) Please remember socks and lunch is included!  
\$7, 9 a.m.-3 p.m.

#### August 22

•PING PONG TOURNAMENT  
(Liberty Center)  
Prize for 1<sup>st</sup> place  
FREE, 6 p.m.



#### August 23

•D'IBERVILLE PROMENADE TRIP (Liberty Center)  
FREE shuttle, 6 p.m.

•STAFF VS. YOUTH KICKBALL CHALLENGE  
(Youth Activities Center)  
FREE, 5:30-8:30 p.m.

#### August 24

•LIBERTY BRAINSTORMING LUNCH (Liberty Center)  
FREE pizza for new event ideas, 10:30 a.m.

•BOYS ONLY NIGHT! FLAG FOOTBALL ON THE FIELD  
(Youth Activities Center)  
FREE, 5:30-8:30 p.m.

#### August 25

•OFF BASE MOVIE NIGHT  
(Liberty Center)  
Trip to Cinemark Theater  
FREE shuttle, 6 p.m.

•IMAGE MAKERS PHOTOGRAPHY AND SCOOTER RELAY RACES  
(Youth Activities Center)  
FREE, 5:30-8:30 p.m.

# Cyber Security - a continuous battle

By Mike Conroy

Navy Region SE Public Affairs

By definition, information security is the on-going process of exercising due care and due diligence to protect information and information systems from unauthorized access, use, destruction, modification or disruption.

Since the early days of writing, heads of state and military commanders understood that it was necessary to provide some mechanism to protect the confidentiality of written correspondence and to have some means of detecting tampering.

Julius Caesar is credited with the invention of the "Caesar Cipher" in 50 B.C., which was created to prevent his secret messages from being read by the enemy. Today that battle continues, particularly in cyberspace.

Recently, websites masquerading as Department of Defense (DoD) and other government websites have been created with the intent

to harvest login credentials or exploit hosts visiting the site. Army Knowledge Online (AKO) is one example of a legitimate portal that was targeted. Search engines, such as Google, displayed the illicit web site often before the real web site, according to the South Carolina State Law Enforcement Division's Information and Intelligence Center.

In 2006, the personal data of over 26 million military veterans and spouses was stolen from the Veterans Administration computers and just last March, 24,000 files containing Pentagon data were stolen from a defense industry computer network.

On July 14, Deputy Defense Secretary William J. Lynn III laid out the new DoD Cyber Strategy to protect the nation from potentially devastating network attacks.

"All the advanced capabilities we have, whether it's targeting or navigation or communication, have a backbone that's run



through information technology," Lynn said. "So if you're a smart adversary and you're seeking an asymmetric way to come at the United States, cyber will appear to you very quickly."

Lynn noted that DoD's approach is to harden defenses and reduce incentives for cyberspace attacks, which are hard to trace to the source. The strategy rests on five pillars, he said: treat cyber as a domain; employ more active defenses; support the Department of Homeland security in protecting critical infrastructure networks; practice collective defense with allies and international partners; and reduce the advantages attackers have on the internet.

A little closer to home, at the

See **CYBER** page 24

Recycling Saves! Recycling Pays!



## AD SPACE

## AD SPACE



# Seabee Mud Run



Sept. 10, 8 a.m.  
For registration  
details visit

[http://www.active.com/running/gulfport-  
ms/seabee-mudrun-2011](http://www.active.com/running/gulfport-ms/seabee-mudrun-2011).

Mud Run point of contact is EAC Sitter at  
[rusty.sitter@navy.mil](mailto:rusty.sitter@navy.mil) or 573-253-4231.



# NMCB 133 Det Guam celebrates 'Over the Hump' with fiery dance show

By UTCN Drew Verbis  
NMCB 133 Public Affairs

The Te'Ora Fire and Culture Show performed traditional island entertainment for Naval Mobile Construction Battalion (NMCB) 133 Seabees at Camp Covington on Naval Base Guam July 16.

The performance was part of the battalion's 'Over-the-Hump' party which celebrates the halfway point of Detail Guam's deployment.

"I encouraged the 'Over-the-Hump' committee to book them after watching their performance at the Agana Chomorro Village," said Equipment Operator 1st Class Stephanie Tumlinson. "I was confident that this show would be a big success."

"Behold from Tahiti, the exotic and beautiful Hula girls," said Holland Fitiausi, the show's emcee.

As the sun set at Camp Covington, the audience of Seabees and guests were captivated by the spirited island girls dancing to vibrant drum beats.

The girls took the stage wearing enchanting traditional costumes of

wrapped skirts called pā'ū, coconuts, headpieces, necklaces, bracelets, anklets, and leis.

Next, male dancers wildly jumped onto the scene like ferocious warriors with bare feet smacking the pavement and hands banging against forearms, they chanted cadences and moved in formation around the dance floor.

The crowd favorite, 7-year-old Kierin Quitugua led the group.

"And this little warrior is 29 years-old," said Fitiausi, to a roar of approving laughter from the audience. "He has 12 children and 3 wives."

Janet Quitugua, the show's owner said they have 40 entertainers of all different ages that capture the traditional island culture by recreating authentic dances, customs, songs, and costumes.

"We've been doing this for three years, she added. "We also incorporate a lot of crowd participation."

After several routines there was a break in the show and the host started to pull volunteers from the

crowd to dance with the performers. The audience was delighted by the comedy and went into a wild frenzy as they watched their peers attempt to keep-up with the Te'Ora instructors.

"I didn't expect to be called out like that," said Senior Chief Construction Electrician Michael Tanner with a smile. "I can't do all that jumping and dipping so I threw-in a few good moves of my own from back in the day. This was a good time and my wife really enjoyed it."

Te'Ora saved the best for last.

As the lights were doused, Fitiausi announced, "Behold, from the island of Samoa, witness the master fire-knife dancer, Chief Jalapeño! See how he bravely conquers fire."

As a whoosh of flames was spit 10 feet into the air, Fitiausi added, "Don't try this at home!"

For the final ten minutes while a safety instructor hovering in the background, the show turned up the heat in a dazzling performance of fire, twirling, juggling, and spinning with



**Samoan Island dancer Chief Jalapeño of the Te'Ora Fire and Culture Show performs during a performance for of Naval Mobile Construction Battalion (NMCB) 133 Seabees at Camp Covington on Naval Base Guam. NMCB 133 Det Guam was entertained by the performers as part of their 'over-the-hump' party which celebrates the mid point of the deployment. (U.S. Navy photo by Construction Electrician 3rd Class Richard Raftery/Released)**

batons, poi, fire knives, and torches.

"I can't believe this," said Hospital Corpsman Michele Peoples. "This is

fantastic! I would pay a lot of money to see this in the states. These guys are real professionals."

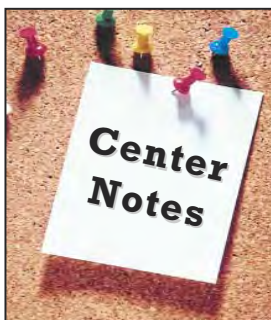
AD  
SPACE

ODR closure . . . Outdoor Recreation will be closed Monday, Aug. 22 from 9 a.m. - 4 p.m.

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#### **SUPPORT**

##### **Family Readiness Groups**

**NMCB 1 FRG** invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. A potluck dinner is served at 6 p.m., followed by a meeting at 6:30 p.m. Children are welcome and baby sitting is provided during deployment. Contact FRG President Mary Belanger, 228-273-4158, e-mail [mcbonefrg@gmail.com](mailto:mcbonefrg@gmail.com) or Secretary Krystin Canipe, 704-726-5751, e-mail [nmcbonefrg@gmail.com](mailto:nmcbonefrg@gmail.com).

**NMCB 7 FRG** welcomes service members, family and friends to attend FRG meetings the fourth Monday of each month at 6 p.m. at the MWR Youth Activities Center, building 335. Children are welcome. Please contact the FRG at [nmcb7frg@gmail.com](mailto:nmcb7frg@gmail.com) for more information.

**NMCB 11 FRG** For more information regarding the NMCB 11 FRG, please visit the FRG and Ombudsman website at <http://nmcb11.webs.com>.

**NMCB 74 FRG** All families and friends of NMCB 74 are invited to the 74 FRG meeting held the 3rd Monday of each month at the MWR Youth Activities Center, Bldg. 335 off Bainbridge Ave. behind the Grinder on CBC base. Meetings begin at 5:30 p.m. Bring a covered dish to share at our potluck dinner. Children are welcome and child care is provided during deployment. For more information regarding the NMCB 74 FRG please email [nmcb74fsg@yahoo.com](mailto:nmcb74fsg@yahoo.com). Check out the 74 FRG website at <http://nmcb74frg.zymichost.com>

**NMCB 133 FRG** invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information contact FRG President Kelli Clarke at 727-504-4408 or e-mail han-

[sonkl54@yahoo.com](mailto:sonkl54@yahoo.com). To receive updates log on to the FRG website at <http://www.orgsites.com/ms/nmcb133fsg>

##### **Naval Officer's Spouse Club**

The Gulfport Naval Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, please email [noscgulfport@yahoo.com](mailto:noscgulfport@yahoo.com). We hope to see YOU soon!

##### **NMCRS**

The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday, Wednesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

##### **Gamblers Anonymous**

The Fleet & Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for information.

##### **TRAINING**

**COMPASS** is a team of trained seasoned military spouses mentoring other Navy spouses. Classes are intimate and informative. The three-day course is offered the last week of the month. The course and child care are FREE! Contact Kim at 228-832-5343 to sign up.

##### **Naval Sea Cadets**

The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. For more information, contact AGCS Enrique Acosta-Gonzalez at 228-688-5288 or [enrique.acosta@navy.mil](mailto:enrique.acosta@navy.mil), or Lt.j.g. Bowling at 228-313-9035 or [coachcb@yahoo.com](mailto:coachcb@yahoo.com).

##### **SOCIAL**

Miss. Gulf Coast First Class Association is seeking new members. Meetings are every Wednesday at 3 p.m. at CBC's Beehive, building 352. Call BU1 Tony Boldrey 228-871-2577 for

more information or just come and join us at a meeting.

##### **CBC/20SRG Second Class Petty Officers Association**

CBC/20SRG Second Class Petty Officers Association is seeking members. Meetings are Tuesdays at 2:30 p.m. in the Fitness Center classroom. Contact the Association's Public Affairs Officer LS2 Matthew Wasson at [matthew.t.wasson@navy.mil](mailto:matthew.t.wasson@navy.mil) or President LS1 Earl Simpson at [earl.simpson@navy.mil](mailto:earl.simpson@navy.mil).

**VFW Post 3937** Long Beach is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood night, the remaining Fridays are Steak night. Breakfast is served from 7 - 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of each month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602.

**VFW Post 4526** Orange Grove is open daily from noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday each month at 7 p.m. All are welcome and encouraged to attend. For more information call 228-832-0017.

##### **NMCB 62 Alumni Group**

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member of the Alumni Group may go to <http://nmcb62alumni.org> for information or for links to Seabee historical sites.

**Seabee Veterans of America Island X-1 Gulfport** are seeking Active Duty, Reserve, Retired or Seabees who left the military after a short period of time. Island X-1 Gulfport meets the first Thursday of each month at Anchors & Eagles at 7 p.m. Contact Joe Scott (secretary) at 228-669-8335 or [elevenoaks58@ca-bleone.net](mailto:elevenoaks58@ca-bleone.net) or log onto [www.nsva.org](http://www.nsva.org) for an application or information.

##### **HERITAGE**

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446 and open Monday-Friday, 10 a.m. to 4 p.m., and Saturdays from 11 a.m. to 3 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at [www.seabeemuseumstore.org/shop/index.php](http://www.seabeemuseumstore.org/shop/index.php) or call the gift shop at 228-871-4779 for information.

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# Homefront in Focus:

## A letter to 'our' Mothers-in-Law

**By Beth Wilson**

Military Spouse Contributor

Hello Mom,

Thank you for welcoming me into your family and your heart when I became your daughter-in-law. Someone once told me, "A marriage always has 'another woman' in it – a mother-in-law. Over time wise women will learn to appreciate and value the role of each other in the life of the man they both love." I hope we are on our way to that place.

Thank you for raising your son, my husband. Thank you for the devotion, worry and commitment you made to raise this man, this love of my life. Without you he would not be the man he is today. Thank you.

Military life is both exciting and challenging. I am in awe of my husband, that he has taken the road less traveled...the road that requires sacrifice in order to defend our nation. Like you I am so proud of him. Like you I worry daily for his safety, for his future, for our future. Like you I look forward to his long awaited, much anticipated homecoming.

And that leads me to why I am writing today. I know that you have shared in the worry for your son, your precious son. As homecoming approaches a dilemma can arise for all of us. I know you want to be there at the homecoming celebration and to spend time with your son upon his return. I know he wants to reconnect with his entire family.

While homecomings are really the most joyous day of a military family it can also become a source of conflict as well. Who does he greet first, his wife or his mother? How much time does he spend with his wife and children versus time with his extended family?

Mom, he loves you deeply and so do I. He will always be your son. Nothing can change that or your role in his life.

I am his wife, the one he has chosen to bring into your family, to spend the rest of our lives together. It has been a privilege to take his last name, to stand at his side to grow together. I naively thought that 'being in love' was enough. We both quickly learned that marriage is a journey, a process and hard work. I cannot express how much I love your son and how 'worth it' it is to work hard to build our life together.

So as he returns I want you to know that I support your need to connect with your son. I want to make sure you have those moments to do that.

And I have a favor to ask, a gift request if you will. I know you support our marriage and for that I am grateful. Deployment takes a toll on a family and marriage . . . we are eager to reconnect as a couple. While you and the entire family want to warmly welcome him home it is so important for him to have time to rest, relax and reconnect with us, his wife and children. Reconnecting as a family will make all the sweeter our time with you and the extended family.

Thank you in advance for giving us the gift of time together...

Connect with Beth at [beth@homefrontinfocus.com](mailto:beth@homefrontinfocus.com). August is 'Back to School' month on Enlisted Spouse Radio ([www.blogtalkradio.com/nht](http://www.blogtalkradio.com/nht)) and our guests will help you send your kids back for success.

August 11, 2011

Seabee Courier



From CYBER page 19

Navy Marine Corps Intranet (NMCI), security continues to be a key priority for protecting the computers at Navy Region Southeast and over 700,000 active military and civilian users at more than 600 locations in the continental U.S., Hawaii and Japan.

According to the NMCI Homeport, the network prevents more than 9 million network connection attempts per month; detects an average of 60 new viruses per month; blocks 9 million spam messages and investigates 1,200 unclassified intrusion attempts per month.

Adding the human layer of defense in cyber security practices is also a key to victory in the battle. According to Lynn Herbert, Navy Region Southeast Information Assurance Manager, training and awareness is our greatest asset. "We have several systems in place to coordinate cyber security efforts, but it starts with the individual at the keyboard," said Herbert.

Something as simple as a "phishing" attack is an example of how one person can protect or compromise an entire network. Phishing is defined as using email to get the recipient to click on a corrupt link or attachment.

Herbert provided five tips to help identify phony messages and avoid getting "hooked": be skeptical of all emails, if it doesn't make sense, delete it; be wary of attachments; ignore requests for action on your part; check out the link if it is suspicious; make a phone call to verify or contact the sender.

"Just remember to always be aware, make sure you know the sender and that the email is valid," said Herbert.

The old expression from World War II, "Loose lips sink ships" was a cry for information security and it makes even more sense today. Just ask the new Secretary of Defense Leon Panetta. At his Senate confirmation hearing last month Panetta cited "a strong likelihood that the next Pearl Harbor" could well be a cyber attack that cripples the U.S. power grid and financial and government systems. He also stated that cyber security will be one of the main focuses of his tenure at the Pentagon.

It should also be one of ours.

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From LDO/CWO page 1  
least eight, but not more than 16 years of active-duty service.  
Eligibility requirements for CWO include US citizenship, serving in pay grade E-7 through E-9. Active-duty applicants for CWO must have at least 12, but not more than 22 years of active-duty service.  
These programs do not require applicants to have a college degree. Applications must be postmarked no later than Oct. 1, 2011.  
Eligible Sailors should apply for the designator for which they are most qualified, regardless of their current rating. Upon commissioning, Sailors selected for LDO/CWO will attend the four-week Officer Development School in Newport, R.I.  
Sailors may learn more about the LDO/CWO communities in the 2011 LDO/CWO Guidebook available at [http://www.public.navy.mil/bu-pers-npc/officer/communitymanagers/ldo\\_cwo/Pages/GUIDEBOOK.aspx](http://www.public.navy.mil/bu-pers-npc/officer/communitymanagers/ldo_cwo/Pages/GUIDEBOOK.aspx). Complete application procedures, eligibility requirements and links to other resources can be found in NAVADMIN 224/11, available on the Navy Personnel Command website at [www.npc.navy.mil](http://www.npc.navy.mil).

Watch out for pedestrians . . . Unless otherwise posted, the speed limited on board NCBC is 25 m.p.h.

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From SKIPPER page 2

continue to perform at a high level. It requires that we give our people feedback on how they can improve and grow, not just in professional knowledge, but also in broader "life skills." It requires that leaders know their people and employ the approaches and resources that will be most effective with them – this is not easy an easy task at all.

It's important to realize that taking care of our people isn't only a responsibility of the leaders in an organization – I ask all of you, even if you don't lead and supervise anyone else, to look out for your shipmate. What that means will vary widely. Some of you

will have opportunities to keep a friend out of trouble while on liberty, others might steer a friend to a useful class offered at the Fleet and Family Support Center. Others might just offer an encouraging word when life seems to be getting a friend down. Whatever the situation, the common denominators are caring about your shipmate and being willing to take action to help. I ask you all to make the effort – that is what being a shipmate is all about.

Again, I'm excited to be here and proud to have the chance to continue to serve our nation with such an outstanding group of professionals. Thanks for the work you do every day.

Oorah, Seabees!

**Stone/Wiggins Recreation Soccer Organization (SWRA) Fall Registration**

will be Aug. 13, from 9 a.m. – noon at the Soccer Complex on Project Road in Wiggins, Miss. Registration fee is \$50. To register by mail, download the form at <http://stonewigginsrec.files.wordpress.com/2009/09/soccer-registration-form1.pdf>. Mail form and a check or money order to SWRA - Soccer, PO Box 1412, Wiggins, MS 39577. Contact the Recreation Director at 601-928-6461.

**Do you want to volunteer for a good cause, see a concert for free and have a good time?**

If the answer is yes, the Gulf Coast Women's Center For Nonviolence (GCWCFN) is looking for you. The IP Casino has teamed up with the GCWCFN in support of their fundraising efforts and they need your help. Volunteers will be ushers and ticket takers at concert events at the casino. There are a few rules. Go to [https://www.cnvc.navy.mil/navycni/groups/public/documents/image/cnicp\\_a235058.pdf](https://www.cnvc.navy.mil/navycni/groups/public/documents/image/cnicp_a235058.pdf) for a list of rules and upcoming concerts. Then, call Carolyn Riser at 228-493-4126 or email [carolynriser@gmail.com](mailto:carolynriser@gmail.com).

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Above: Teens from the Naval Construction Battalion Center (NCBC) Child and Youth Programs accept congratulations from friends, families and children enrolled in MWR sponsored Child and Youth Programs on board the Center. Nineteen teens were recognized with the President's Volunteer Service Award for participation numerous activities on board NCBC as well as out in the local community. Right: Jessica Chasse accepts her Volunteer Service Award from Naval Construction Battalion Center (NCBC) Executive Officer, Cmdr. Stan Wiles during the presentation ceremony Aug. 3.(U.S. Navy photos by Utilitiesman Constructionman Daneia Johnson/Released)

From VOLUNTEERS page 1

Qualifying service included participation in Seabee Center activities such as the Summer Counselor in Training Program, the NCBC Super Squad Competition, the annual base picnic, a summer recycling project, and "Penny Wars" - a Navy Marine Corps Relief Society Fund Raiser, as well as time spent volunteering for several Gulf Coast community projects.



**E-Courier . . .** To subscribe to the Seabee Courier eCourier edition, send an e-mail to [seabeescourier@navy.mil](mailto:seabeescourier@navy.mil).

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GULF COAST USO  
3001 6th St., Building. 306,  
(228) 575-5224  
Office hours: Monday-Friday,  
8 a.m. - 5 p.m., Saturday,  
11 a.m. - 7 p.m., (Closed Sundays)



## Seabee Memorial Chapel

**Services:**  
**Sunday Catholic Mass: 9 a.m.**

**Daily Mass: Monday-Friday, 11:15 a.m.**

**Protestant Service: Sunday, 10:30 a.m.**

**Protestant Sunday School, 9 a.m.**

**Center Chaplains:**  
**Lt. Cmdr. Michael Brown,**  
**Protestant Chaplain**  
**Lt. Yoon Choi**  
**Protestant Chaplain**

**For information concerning other faith groups,  
call the chapel office at (228) 871-2454**